Special Rules for the 2011 World Cup in Orienteering

The World Cup in 2011 will consist of 10 competitions. The programme includes the Nordic Orienteering Tour (NORT), the World Orienteering Championships (WOC), two competitions in Czech Republic, and finishes with two competitions in Switzerland.

The full programme is:

Date	Type of competition	Event	Country
1) Thu 16 June	Sprint	NORT	Finland
2) Tue 21 June	Knock-out Sprint	NORT	Sweden
3) Sat 25 June	Prolonged Middle Distance		
	chasing start	NORT	Norway
4) Tue 16 August	Sprint	WOC	France
5) Wed 17 August	Long Distance	WOC	France
6) Fri 19 August	Middle Distance	WOC	France
7) Sat 24 September	Middle Distance		Czech Republic
8) Sun 25 September	Long Distance chasing start		Czech Republic
9) Sat 1 October	Middle Distance	PostFinance	Switzerland
10) Sun 2 October	Sprint	PostFinance	Switzerland

The Competition Rules for IOF Foot Orienteering Events (as published on the IOF website www.orienteering.org on 1st June 2010) apply to all 2011 World Cup events.

In World Cup competitions 1, 2, 3, 7, 8, 9 and 10, competition rule 9.10 does not apply; replacement of runners will not be possible after 12 noon on the day before the competition.

In case of a tie for the final qualification place in any of the competitions, all tied runners qualify, thus increasing the number of competitors in the relevant final, semi-final or quarter final. Where necessary, lots are drawn to resolve ties for the purpose of deciding heat allocation in competition 2. In the case of a tie for points or bonus seconds, the tied runners each receive the same as if they had all been placed in the highest of the tied positions.

Competitions 1, 2 & 3 Nordic Orienteering Tour, Finland, Sweden, Norway

Only entry for the whole tour is possible.

- 1) NORT day one: This consists of a prolonged Sprint as a qualification race in the morning, with a winning time of approximately 25 minutes, followed by a Sprint final in the evening. The qualification race has an individual interval start with a 1 minute start interval. The start order for the qualification race is determined by the reverse standing of the official World Rankings as published at the end of May 2011*. The qualification race times (less any bonus seconds) are used (together with the day two qualification race times) to calculate the start times for NORT day three. The final is for the top 30 athletes from the qualification race. The start order is the reverse order of the qualification race results (winner starts last).
- 2) NORT day two: Sprint, knock-out style. The qualification race in the morning for all runners will be a normal Sprint (12-15 minute winning time) with a 1 minute start interval. The starting list is the NORT day one qualification race results in reverse order (winner starts last). Runners who were not placed in the day one qualification race start first in random order. Runners who did not start on day one may not start on day two. The qualification race times (less any bonus seconds) are used (together with the day one qualification race times) to calculate the start times for NORT day three.

The quarter-finals are for the top 30 athletes from the qualification race. There are 5 consecutive mass-start quarter-finals each running the same course with a 6-8 minute winning time. Quarter-final A: 1st, 10th, 11th, 20th, 21st and 30th of the qualification; quarter-final B: 4, 7, 14, 17, 24, 27; quarter-final C: 5, 6, 15, 16, 25, 26; quarter-final D: 2, 9, 12, 19, 22, 29; quarter-final E: 3, 8, 13, 18, 23, 28.

The semi-finals are for 12 athletes. There are 2 consecutive mass-start semi-finals each running the same course with a 6-8 minute winning time. The first two runners from each quarter-final automatically qualify for the semi-finals. The 11th and 12th qualifiers are the runners with the two overall next fastest times from the quarter-finals. Semi-final 1: 1st and 2nd of quarter-finals A and B plus 2nd of quarter-final C and the 11th qualifier; semi-final 2: 1st and 2nd of quarter-finals D and E plus 1st of quarter-final C and the 12th qualifier.

The final is for 6 athletes. The two fastest runners from each semi-final and the two runners with the next best times qualify for the final. The final will be a mass-start Sprint with a 6-10 minute winning time.

The results of NORT day two do not count as World Ranking Events.

Rule Deviations approved by IOF Council 30 October 2010:

For the qualification and quarter finals:

28.3. Any protest shall be made in writing to a member of the jury no later than 15 minutes after the organiser has announced the decision about the complaint.

For the semi-finals and finals:

- 28.3. Any protest shall be made in writing to a member of the jury no later than 2 minutes after the organiser has announced the decision about the complaint.
- **3) NORT day three**: Prolonged Middle Distance chasing start (women 40 minutes, men 50 minutes) with the start times based on the NORT overall time standings after two days. The NORT overall time standings after two days are calculated as the time on the qualification race day one **plus** the time for the qualification race on day two **less** the following bonus seconds:
 - NORT day one: the 30 runners in the final will get bonus seconds 120-90-70-60-55-50-40-38-36-34-32-30-18-17-16-15-14-13-12-11-10-9-8-7-6-5-4-3-2-1 according to their placings in the final.
 - NORT day two: The 6 runners in the final will get bonus seconds 120-90-70-60-55-50 according to their placings in the final. The other 6 runners in the semi-finals will get bonus seconds 40-38-36-34-32-30 according to their running times in the semi-finals. The other 18 runners in the quarter-finals will get bonus seconds 18-17-16-15-14-13-12-11-10-9-8-7-6-5-4-3-2-1 according to their running times in the quarter-finals.
 - If one or more runners are not placed in the quarter-finals, semi-finals or finals, they will be regarded as being placed at the end of that group and are awarded bonus seconds accordingly.

Only runners who started in both of the qualification races of NORT days one and two may start on day three. Runners who started but were not placed in either (or both) of the qualification races of NORT days one and two will take part in a separate interval start competition on the same course with the first runner starting 10 minutes after the last chasing start runner has departed. There will be a 2 minute start interval and individual start times are drawn at random. The first runner to the finish is the NORT winner.

The results of NORT day three do not count as a World Ranking Event.

Competitions 4, 5 & 6 World Orienteering Championships, France

WOC rules apply.

Competitions 7 & 8, Czech Republic

- **7)** Middle Distance, individual interval start. There is no prior qualification. The 40 runners with the highest World Cup standings start last in reverse order (leader starts last); for the remaining competitors the start order is determined by the reverse standing of the official World Rankings as published at the end of August 2011*. The start interval is 2 minutes.
- 8) Long distance, chasing start with the start times based on the times of competition 7. Only runners, who started in competition 7, can take part in the chasing start. Runners who were not placed or did not start in competition 7 will take part in a separate interval start competition on the same course with the first runner starting 10 minutes after the last chasing start runner has departed. There will be a 2 minute start interval and individual start times are drawn at random. The results of competition 8 do not count as a World Ranking Event.

Competitions 9 & 10 Post Finance, Switzerland

- **9) Day one**: Middle distance, individual interval start. There is no prior qualification. The 40 runners with the highest World Cup standings start last in reverse order (leader starts last); for the remaining competitors the start order is determined by the reverse standing of the official World Rankings as published at the end of August 2011*. The start interval is 2 minutes.
- **10) Day two**: Sprint, individual interval start. The competition consists of one Final only, with 40 competitors. These are the 40 highest placed competitors in the World Cup Standings (the sum of the best 7 scores out of the first 8 competitions plus the score from competition 9) out of those competitors entered for competition 10. Competitors must have at least one World Cup point. The start order is the reverse World Cup Standings (leader starts last). The start interval is 1 minute.

World Cup standings are defined as

After 1 to 6 competitions the sum of all scores

After 7 competitions the sum of the best 6 scores After 8 competitions the sum of the best 7 scores

After 9 competitions the sum of the best 7 scores out of the first 8 competitions plus

the score from competition 9

After 10 competitions the sum of the best 7 scores out of the first 8 competitions plus

the scores from competitions 9 and 10

National runners' quota for competitions 1 to 3 and 7 to 9

There will be a maximum number of runners allowed for each Federation in each competition. This depends on the strength of each Federation as measured by performance in the IOF World Rankings list based on the total points of the leading 10 athletes from that Federation. The national quota will be based on the position of each Federation based on the ranking points of athletes as published at the beginning of 1st January 2011 in the World Rankings section of the IOF website. Separate quotas will apply for men and women.

The allocations will be:

- The top 6 nations get 8 places. The list of the top 6 nations (separately for men and women) will be published on the IOF website by 15th January 2011.
- All other nations get 6 places

A Federation may enter any runner irrespective of his/her position in the IOF World Rankings list.

All Individual World Champions shall be offered a wild card place in competitions 1 to 3 (World Champions 2010) and 7 to 9 (World Champions 2011) provided they are selected by their Federation. These wild card places shall be additional to the national quotas.

Special Invitations

The organisers of competitions 1 to 3, 7 to 8 and 9 to 10 shall offer invitations to the three best male World Cup runners and three best female World Cup runners. For these runners, the local costs (i.e. accommodation, board, entry fee and local transport) shall be borne by the organising Federation. Other costs (e.g. travel to and from the event venue) remain the responsibility of the runners' Federations. The "Best runners" are based on World Cup standings after year 2010 for competitions 1 to 3, and World Cup standings after 6 competitions for competitions 7, 8, 9 and 10. These invitations do not grant extra places in the competitions. If any of the three best runners will not be competing the invitations do not get passed on to lower-ranked runners.

Scoring System

The total score for each athlete shall be calculated by adding:

- a) The 7 best scores from competitions 1-8
- b) The scores from events 9 & 10

For competitions 4, 5, 6, 7, 8 and 9, 100 points are awarded to the winner, 80 points to second place, 60 points to third place and so on as shown below:

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1<sup>st</sup> place
                           100 points
2<sup>nd</sup> place
                             80 points
3<sup>rd</sup> place
                             60 points
4<sup>th</sup> place
5<sup>th</sup> place
                             50 points
                             45 points
6<sup>th</sup> place
                             40 points
7<sup>th</sup> place
8<sup>th</sup> place
                             37 points
                             35 points
9<sup>th</sup> place
                             33 points
10<sup>th</sup> place
11<sup>th</sup> place
12<sup>th</sup> place
                             31 points
                             30 points
                             29 points
40<sup>th</sup> place
                               1 point
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If there are fewer than 40 runners who score points in competition 8, the remaining scoring places are for the best runners in the interval start race which takes place after the chasing start

For competition 1, based on the results of the final, `the first 25 runners get "half" points (50-40-30-25-23-20-19-18-17-16-15-14-13-12-11-10-9-8-7-6-5-4-3-2-1).

For competition 2 the 6 runners in the final get points 50-40-30-25-23-20. The other 6 runners in the semi-finals get points 19-18-17-16-15-14 according to their running time in the semi-finals. The first 13 of the other 18 runners in the quarter-finals get points 13-12-11-10-9-8-7-6-5-4-3-2-1 according to their running time in the quarter-finals. If one or more runners are not placed in the quarter-finals, semi-finals or finals, they will be regarded as being placed at the end of that group and score points accordingly (even if they did not start).

For competition 3, the first 40 runners past the finish line (i.e. the NORT overall positions) get "double" points. The winner gets 200 points down to 2 points for the 40th place. Runners who start in the interval start race are not eligible for points from competition 3.

Points can only be awarded in competitions 1, 2 and 3 to runners who start in all three competitions. Any points gained by runners in competitions 1 or 2 (or both) who do not start in all three competitions will not be reallocated to those finishing below them. However, they do retain any World Ranking points they may have gained.

In the World Cup Final, competition 10, the first 40 runners get "double" points. The winner gets 200 points down to 2 points for the 40th place

Prize money

The seven World Cup competitions (excluding the WOC competitions) contribute 1000€ each making a total prize money "pot" of 7000€. This is divided amongst the overall World Cup leaders as follows:

Place	Men	Women
1 st	1250€	1250€
2 nd	900€	900€
3 rd	600€	600€
4 th	350€	350€
5 th	250€	250€
6 th	150€	150€

^{*} The latest standings in the World Rankings are published by e-mail at the end of each month to those who have subscribed at http://iof.6prog.org/WR_Mailings.aspx